

Miracles In Motion



Miracles in Motion Annual Report 2006

Highlights:

Second Full-time Staff Hired

Two Volunteers Achieved NARHA Registered Instructor Certification

Hosted Ten-Week Full-Time Intern

New Outdoor Arena

New Pavilion

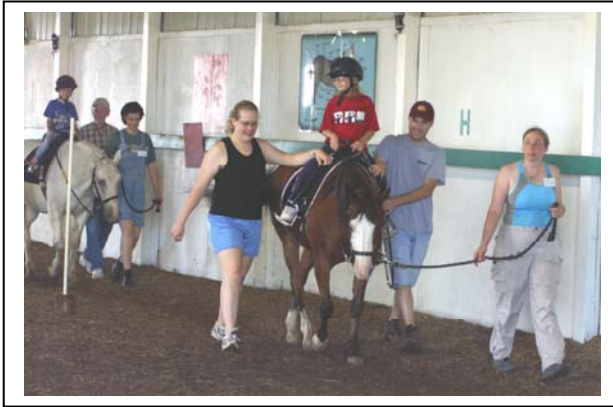
New Sensory Trail

Hosted Second NARHA On-Site Registered Instructor Workshop

Eighth Annual Student/Family Horse Show

NARHA Accreditation

THERAPEUTIC RIDING

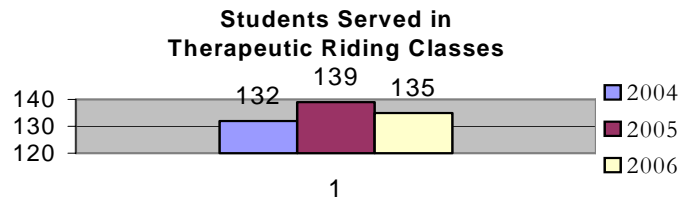


The heart of our program—the therapeutic riding classes consist of four to five students, ten to fifteen volunteers, a NARHA certified instructor, and a consulting therapist. Students are grouped according to age and ability. The instructors (with input from therapists, parents, teachers and students) set the goals for each class. These goals range from holding the reins appropriately to learning the posting trot. Lesson plans are designed to provide students with the opportunity to succeed.

Student Information

165 students served in Therapeutic Riding/Leg Up Programs

- 46% primary mental disability
- 42% multiple (mental/physical) disability
- 12% primary physical disability
- 75% returning students
- 25% new students
- 79% children/teenagers
- 21% adults
- 46% female
- 54 % male



<p>Special Session—Spring 4 weeks, March 21—April 13 3 classes/week 15 Students/week Average Class size: 5 students 11 instructional hours 5.5 instructional prep hours 55 contact hours 1 class cancelled (snow)</p>	<p>Session I 5 weeks, April 15—May 18 14 classes/week 72 students/week Average class size: 5.1 students 70 instructional hours 35 instructional prep hours 357 contact hours</p>
<p>Session II 5 weeks, June 5—July 15 14 classes 76 students Average class size: 5.4 students 68 instructional hours 34 instructional prep hours 367.2 contact hours 2 classes cancelled (heat & weather)</p>	<p>Session III 5 weeks, July 17—Aug. 19 17 classes 87 students Average class size: 5.1 students 78 instructional hours 39 instructional prep hours 7 class hours cancelled—heat 397.8 contact hours</p>
<p>Session IV 5 weeks, Sept. 6—Oct. 10 13 classes 64 students Average class size: 4.9 students 62 instructional hours 31 instructional prep hours 303.8 contact hours 3 classes cancelled (horse show)</p>	<p>Special Session—Fall 4 weeks, October 10—November 2 5 Classes 17 Students Average Class size: 3.4 students 20 instructional hours 10 instructional prep hours 68 contact hours</p>

THE LEG UP PROGRAM

An equestrian activities program for “at risk” youth. Program focus: stable management, riding, sportsmanship & fun!

2006 Leg Up Program ~ Tanager Place 30 Students, 74 Class Hours, 37 Prep Hours, 370 Contact Hours		
Session I April 11 ~ May 10 10 Students Tanager Place 5 weeks Average Class size: 5 students 2 classes (4 hours weekly) 20 instructional hours 10 instructional prep hours 100 contact hours	Session II & III June 12 ~ August 16 10 Students Tanager Place 7 weeks Average Class size: 5 students 2 classes (4 hours weekly) 26 instructional hours 13 instructional prep hours 120 contact hours 2 classes cancelled (heat)	Session IV September 29 ~ November 3 10 Students Tanager Place 7 weeks Average Class size: 5 students 2 classes (4 hours weekly) 28 instructional hours 14 instructional prep hours 140 contact hours

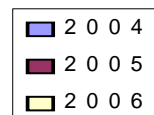
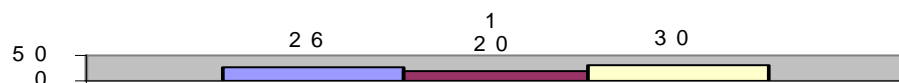
One experience I had while out at this program was getting to ride a horse for the very first time. I have learned about the different parts of the tack and the horse. I have done cleaning and learned how to clean a saddle, a girth, a halter, grooming buckets, and a bridle.

We learned how to take the bridles apart and put them back together. The first time I rode a horse was scary and uncomfortable. Some characteristics of my horse are that it loves to be touched and it likes to cooperate with people.

My horse's name is Chance and he is one of the dominant horses. He is a Bay horse. He has brown hair. Chance has a star in the middle of his forehead. He is my best friend.

Some strengths I have recognized in myself are my leadership, my self-esteem, and my braveness. I have made some friends out at Miracles in Motion. I have been able to gain some confidence in myself. I have earned some trust and respect out there. I have done good remembering parts of the horses. I have been more responsible out there also.

L e g U p S t u d e n t s



THERAPEUTIC DRIVING PROGRAM

Special Sessions—Spring & Fall

8 weeks

2 Classes

6 Students

Average class size: 3 students

12 instructional hours

6 instructional prep hours

36 contact hours



St. Luke's Hospital & Mercy Medical Center Hippotherapy Program

During hippotherapy sessions the horse is used as a dynamic (moving) base of support as a therapist works one-on-one with a client to improve the client's functional ability. Specially trained Physical and Occupational Therapists from St. Luke's Hospital and Mercy Medical Center provide this form of therapy at the Miracles in Motion farm.

Hippotherapy Schedule 2006

Spring & Summer Session—St. Lukes

May 25 ~ June 29

Staffing: 2 Therapists, 2 Hpot teams, 1 instructor

8 individual therapy sessions 30 minutes in length

2 instructional hour/week, 6 weeks

8 clients

12 instructor hours

Summer Session—Mercy

June 10—August 5

1 Therapist, 1 Hpot Team, 1 Instructor

3 individual therapy session 30 minutes in length

1 instructional hour/week, 7 weeks

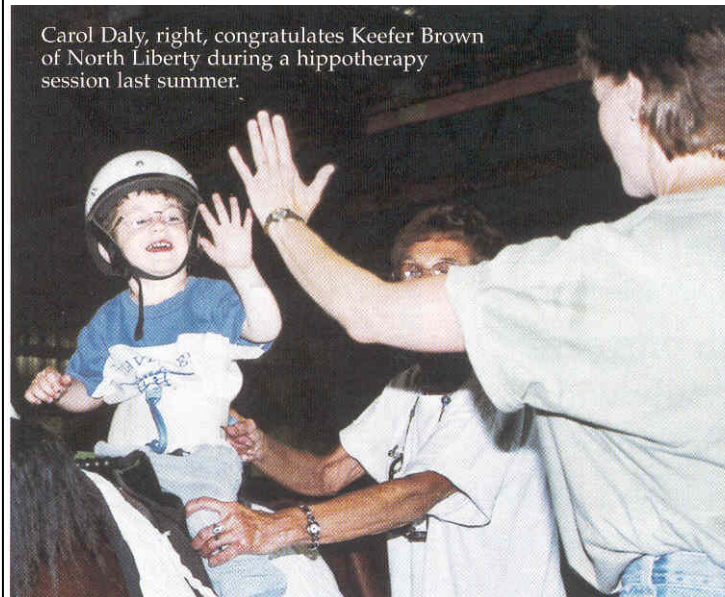
2 clients

7 instructor hours

2006 Total:

10 Hpot clients

19 instructional hours



Carol Daly, right, congratulates Keefer Brown of North Liberty during a hippotherapy session last summer.

Hippotherapy Client Information

10 different clients served in Hippotherapy

60% primary physical disability

40% primary mental disability

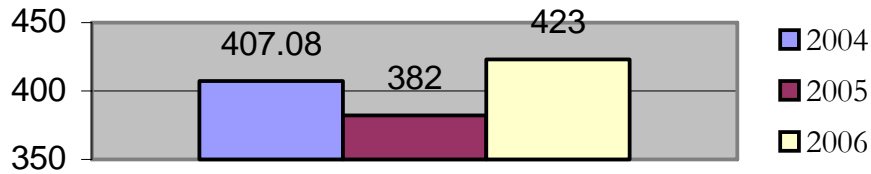
100% children

Consulting Therapist Information

- 2 Physical Therapists
 - Carol Daly, St. Luke's
 - Karen Mauss, Mercy
- 1 Occupational Therapist
 - Kris Kernan, St. Luke's

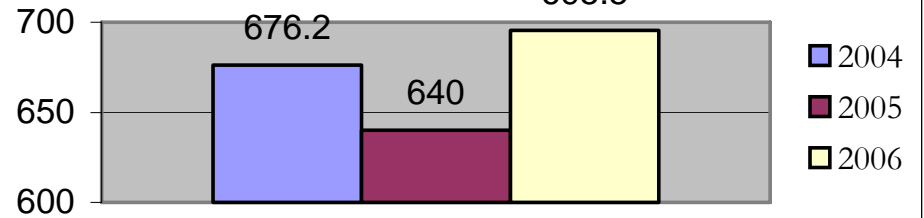
Therapists provided consultative therapy input to therapeutic riding instructors. All therapists obtained individual professional liability coverage at their own expense at a total cost of \$450. (\$150 per person)

**Instructional Hours
Actual Class Time**



Instructor Hours

Instructional, Prep, Hippotherapy & Volunteer Lesson
695.5



Instructor Information

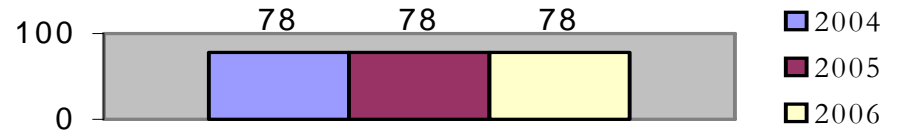
Sue Bock – Advanced & Driving Level I
 Erin Hazen – Registered
 Kate Hladky – Registered
 Susan Hohbein - Registered
 Rosemary Oliver - Registered
 Kim Perry – Registered
 Joyce Snyder – Registered

Instructor Hours

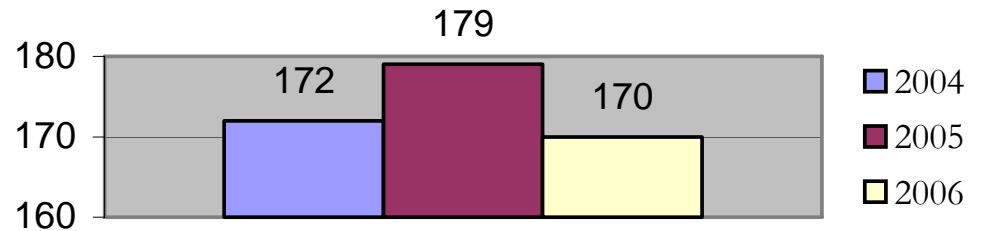
423 TR, Leg Up, Driving & Private
 211.5 Preparation Hours
 19 Hippotherapy
 42 Volunteer Lesson & Prep.

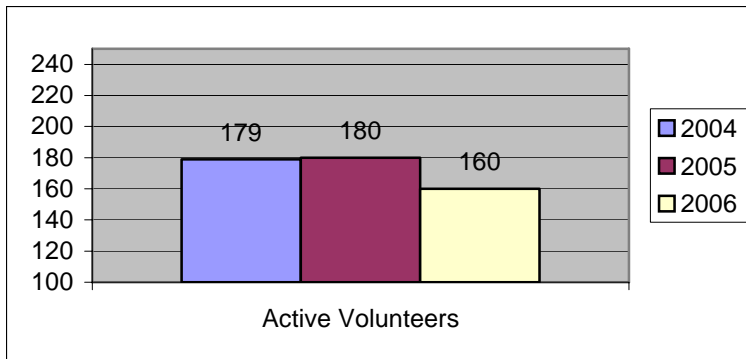
695.5 Total Instructor Hours

**Number of Classes
All Programs**

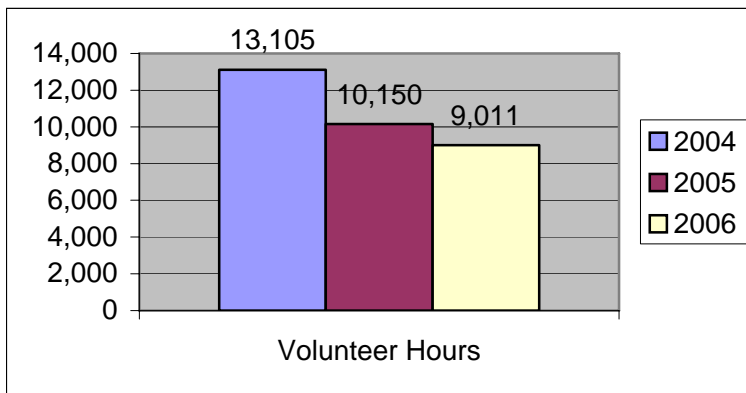


**Number of Participants
All Programs**





- Volunteers**
- **9,011** volunteer hours logged
 - **90** new volunteers trained
 - 75 active
 - **160** active volunteers
 - Maintained/established relationship with volunteer groups:
 - Deloitte Volunteers
 - Anita Daniels Center
 - Johnson County 4-H
 - Girl Scouts
 - Cornell College
 - Univ. of Iowa, 10,000 Hours



Volunteer/Staff Training:

Staff/Volunteer Development

- January: Two Miracles representatives attended Strides to Success Workshop, Indianapolis
- February: One Miracles representative attended Wind Power Workshop, Washington, IA
- March: Six Miracles representatives attended the NARHA Region 7 Conference, Waterloo
- April: One Miracles representative attended EAGALA Level I Workshop, Omaha, NE
- June: Eight Miracles representatives attended Iowa NARHA Centers meeting, Waterloo
- July through November: monthly meetings with Peer Group, facilitated through Linn County Non-Profit Resource Center
- August: Miracles in Motion hosted a NARHA On-site Registered Instructor Workshop
- October: One Miracles representative attended volunteer class, KCC, Cedar Rapids
- November: Eight Miracles representatives attended NARHA National Conference, Indianapolis

Instructor-in-training:

- Supported two Miracles in Motion volunteer in instructor training

In-Service Workshop:

- April: presented in-service on NARHA Region 7; open to all volunteers
- November: NARHA National Conference In-Service Open to all volunteers.

Volunteer Trainings:

- Returning Volunteer Training 1 training session (March)
- New Volunteer Training 1 training sessions (April)
- Horse Committee Training 1 training session (April)
- Individualized Training May through December (DVD, Manual, Hands-On)

Community Outreach

University of Iowa, Volunteer Fair, January
KMRY, Radio spot re VC telethon, February
Variety Club Telethon, KCRG, Cedar Rapids, March
Kirkwood PTA/OTA Program presentation, March
University of Iowa Physical Therapy Students,
Hippotherapy presentation by Rosie Santoiemma, May
Masonic Temple check presentation reception, June
Corvette Club Car Show, Cedar Rapids, June
KGAN—Kerry J. Hahn broadcast from farm, July
Summer Spectacular Horse Show, Student
Demonstration, July
Gazette, Press Release published, July
JayCees Award Presentation, July
University of Iowa, 10,000 Hours, Volunteer Fair, August
GCRCF Volunteer Fair, September
Commit to Your Community, Volunteer Fair, October
Gazette, Press release re Arena Open House, October
Gazette, Community page story re new arena, October
Ribbon Cutting Ceremony, attended by both LC & JC
Chamber Ambassadors and public, October
Corvette Club Awards Presentation, November
Petco Community Fund Raiser, December
Presentations:

- March, P. Buckley Moss
- June, Kiwanis, Coralville
- June, Optimists Club, Dennis Van Auken's group
- July, Iowa City Chamber of Commerce, North Liberty
- July, Hawkeye Model A Club, CR
- September, University of Iowa Physical Therapy students, IC
- September, Area Substance Abuse Council, CR
- September, University of Iowa Medical Students, IC
- October, U of IA Physical Therapy students, meeting at the riding center



Organizations Served

Miracles in Motion continues to provide service to the following organizations and the people they serve:

- ARC of Johnson County
- Cedar Rapids Community School District
- Crest Services
- Discovery Living, Inc.
- Linn-Mar School District
- Mayor's Youth Empowerment Program
- Mercy Medical Center, Cedar Rapids
- Reach for Your Potential, Iowa City
- REM Developmental Services
- St. Luke's Hospital, Cedar Rapids
- Systems Unlimited of Iowa City
- Tanager Place
- Transition Center



Property Improvement

Construction:

- 90' x 150' Outdoor Arena
- 30' x 48' Pavilion
- Sensory Trail

Landscaping:

- 130 shrubs planted
- 20 trees planted
- New perennial bed planted
- Grass seed planted in Sensory Trail area
- Hundreds of bulbs planted

Indoor Arena:

- Ventilation doors added on South end
- Arena fence painted
- People Door painted



Horse Information

18 Geldings
Median Age: 17

Represented Breeds:

Foxtrotter cross	1
Fjord	2
Miniature	1
Morgan-cross	2
Paint	2
Quarter Horse	4
Shetland Cross	4
Standardbred	1
Welsh Pony	1

2006 Goals

Program

- Develop and implement farm visit program
- Explore interactive vaulting

Property

- Install sensory stations
- Construct hay-storage & compost facility
- Explore options for building classroom/office addition
- Formalize indoor arena heating proposal

Volunteers

- Formalize recruitment process
- Produce professional volunteer training videos:
Orientation ~ Sidewalking ~ Horse Committee



YOU MAKE MIRACLES HAPPEN ~ THANK YOU TO OUR 2006 VOLUNTEERS

Rachel Alberts	Jenna Diermer	Kayla Hutton	Marilyn Miller	Laurie Stock
Mandi Ambrose	Audrey Dolphin	Rachael Hyland	Heather Moore	Jeanne Strand
Margo Anders	Christina Donahue	Amanda Immermann	Susie Moran	Brock Swanson
Caroline Andersen	Amy Eden	Denise Johnson	Paul Morf	Beth Swartzendruber
Eric Anderson	Katie Feldman	Joel Johnson	Angela Morgan	Norma Swift
Cynthia Anderson	Sabra Fleck	Joel Kasparek	Jenny Nicklaus	Mike Swift
Anne Angerer	Terry Freese	Jessie Kennedy	Jerry Nordquist	Kelsi Tebbe
Kim Arundale	Karen Gaddis	Pam Kerr	Carol Nordquist	Vicky Thomas
Laura Atherton	Abby Gard	Sandy Kessler	Michelle Nuehring	Brad Thomason
Susan Aukes	Judy Gard	Jackie Kessler	Rosemary Oliver	LaurieThompson
Susan Aulwes	Morgan Gascho	Hannah Kolb	Mindy Olsen	Richard Trealoff
Ginny Backues	Joann Gehling	Mary Kay Kolb	Megan Owen	Annie Trumpold
Pia Bartolai	Marie Gerleman	Jennifer Koons	Ruth Paarmann	Dennis Van Auken
Josh Baynes	Judy Gerleman	Laurinda Kraft	Jennifer Parker	Doreen
Ashley Beachel	Chrissy Good	Karen Kray	Linda Patterson	VanNostrand
Peter Bednar	Kristi Grimm	Kendall Kray	Erin Payne-	Steve Vavra
Mallory Berkenbosch	Brianna Gunnerson	Chelsea Lammers	Christiansen	Rhonda Viktora
Amy Bishop	Gloria Gunnerson	Becky Lancaster	Kim Perry	Stefani Viktora
Laura Blythe	Christina Gutierrez	Krista Lewis	Trevor Petersen	JulieVoelker
Sue Bock	Alysia Haman	Taletha Loesch	Sandy Pickup	Jessica Wagner
Julie Boffeli	Ellen Haman	Priscilla Ludvick	Jessica Pierson	Jackie Wallace
Bill Boyd	Fran Hansen	Richard Maloney	Monica Plum	Jamie Wallace
Colleen Brems	Melinda Harder	GraceAnn Manor	Vivian Ramseyer	Denise Weinard-
Jenny Buckley	Jami Hatfield	Mary Mathew-	Nicole Ratchford	Welsch
Nancy Burch	Erin Hazen	Wilson	Janelle Reske	Ken Welsch
Connie Cannady	Carol Heffern	Ashley Matteson	Carrie Schaefer	Phyllis White
Linda Carr	Carrie Hegenderfer	Kim Matteson	Alexandria (Alex)	Sarah Williams
Sue Chapman	Laura Hensley	William (Bill)	Schaeffel	LuAnn Williams
Tracy Chapman	Dot Hinman	Matthes	Victoria Schoenfeld	Grace Zalenski
Angeline Chung	Marilyn Hiscock	Karen Mauss	Sheri Seggerman	Alexis Zimba-Kirby
Kara Clark	Elizabeth Hladky	Elaine Mayer	Andrea Seltrecht	Bobbie Zimmerman
Holly Culp	Kate Hladky	Sasha McCarger	Jill Sligay	
Carol Daly	Ronda Hoffmann	Stacy McCoy	Joyce Snyder	
Melissa Dawson	Sue Hohbein	Amy McHugh	Katie Stack	
Christine Denburg	Natasha Hulbert	Karen McNeal	Brooke Stammeyer	